

Your School Counselor Team



Lee R. Kaiser (aka Mr. K)
Grades 4, 5 & 6
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Annie Kreider
Grades PreK - 3
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On leave after 9.18.20



Ashleigh McPherson
Grades PreK - 3
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Your School Counseling Team

Hello, I'm Mrs. Kreider. I work with PreK -3rd Grade.



Hi, I'm Mr. K. I work with 4th - 6th Grade.



Hello, I'm Ms. McPherson. I work with PreK -3rd Grade.



Click each of us to link to our individual Google Classrooms.

Counseling Program Mission and Vision

- ★ To support all students' social, emotional, behavioral and academic growth
- ★ To support all parents/guardians in the development of your child
- ★ To support all staff by communicating and collaborating regarding each child's success and reaching their fullest potential



School Counselors help students reach their full potential by...

- ★ Meeting with students **individually** through parent/guardian, staff or self-referral
- ★ Conducting **small group** counseling as needed through referrals
- ★ Teaching **whole class lessons** that promote social, emotional, behavioral and academic growth

Due to our large caseload (approximately 500 students to 1 School Counselor), most individual and club counseling is brief in nature (6-8 weeks). Communication with parents/guardians is made prior to any extended individual or club counseling. It is also voluntary and confidential. If additional assistance is needed after the 6 – 8 weeks, we will work with families to identify other resources.



Club (small group) Counseling

Banana Splits (divorce/separation/stepfamilies)

Brighter Days Club (death/loss/grieving)

Chillin' Chicas/Chicos Club (friendship/social skills)

Eager Examiners Club (test anxiety)

Go-Getter Club (motivation/success)

Keepin' It Cool Club (anger management/disruptive behavior/self-control)

Keepin' It Together Club (organizational skills)

Positive Attitude Club (chronic illness/sadness)

Smooth Sailors Club (attention/focusing issues)

YES (You're Extra Special) Club (helping students enhance self-esteem; discussing talents, feelings and goals)

***If a club doesn't exist already to meet your needs, we'll create one.**



School Counselors help parents/guardians by...

- ★ Communicating and collaborating with various school staff and you
- ★ Providing strategies and resources to support your child(ren)





Mr. K

I am extremely proud to be a part of the Centreville Elementary School community and am excited to be working with your child(ren). Centreville Elementary offers a very nurturing environment and stimulating program. I encourage all of you to learn with your child (ren) by asking them what they have learned each day and how they felt about their day.

This is my 16th year at Centreville Elementary School and 28th with FCPS. My first 7 years were spent as a 6th grade teacher. I have always worked with students who possess many different abilities, backgrounds, and learning styles. In addition to my school experience, I spent 15 years as a counselor and administrator (currently on the Board of Directors) at an overnight camp in Massachusetts. I also enjoy all sports, music, cooking, organizing events to bring people together (PTA), driving my Jeep and foremost, my wife and three daughters. I bring great energy and positivity to Centreville Elementary School.

[Please click here to visit my google site for more resources and information.](#)

Mrs. Kreider

Hi! My name is Annie Kreider and I'm so excited to be part of the CES Family! This is my 2nd year at CES. Prior to joining the CES Fam, I was a classroom teacher in NYC for 6 years. I also worked in Arlington Public School as a Special Ed Instructional Assistant and a school counselor.

Education Background:

B.A. in Elementary Education & Studio Art at Queens College

M.A. in Curriculum & Teaching at Teachers College Columbia

MS. Ed. in School Counseling at Queens College

Fun Facts about me:

I was born and raised in NYC and love all things NYC. I live with my husband and 5 year old daughter. I am currently 37 weeks pregnant with my second child! (I will be on leave from September 18th through the rest of the school year.) I love the outdoors, hiking, the arts, watching movies, and playing the piano. I also enjoy cooking, baking, and trying new ethnic foods.

Ms. McPherson



Hello!

My name is Ashleigh McPherson and I am a first year counselor in FCPS. I love supporting students and helping them reach their fullest potential!

- ★ I recently graduated with my Master of Arts in Education and Human Development, School Counseling from George Washington University.
- ★ Prior to graduating, I was a group co leader at a Private Therapy practice in Fairfax.
- ★ I have worked individually and in groups with children ages 4-18 with varying abilities such as ADHD, Autism Spectrum, Anxiety, Selective Mutism and more

I love movies, art, reading, tv shows and music—specifically musicals! I love spending time with my family and my 5 year old toy poodle, Desi.

[Google classroom: rs6xnprn](#)



Resources

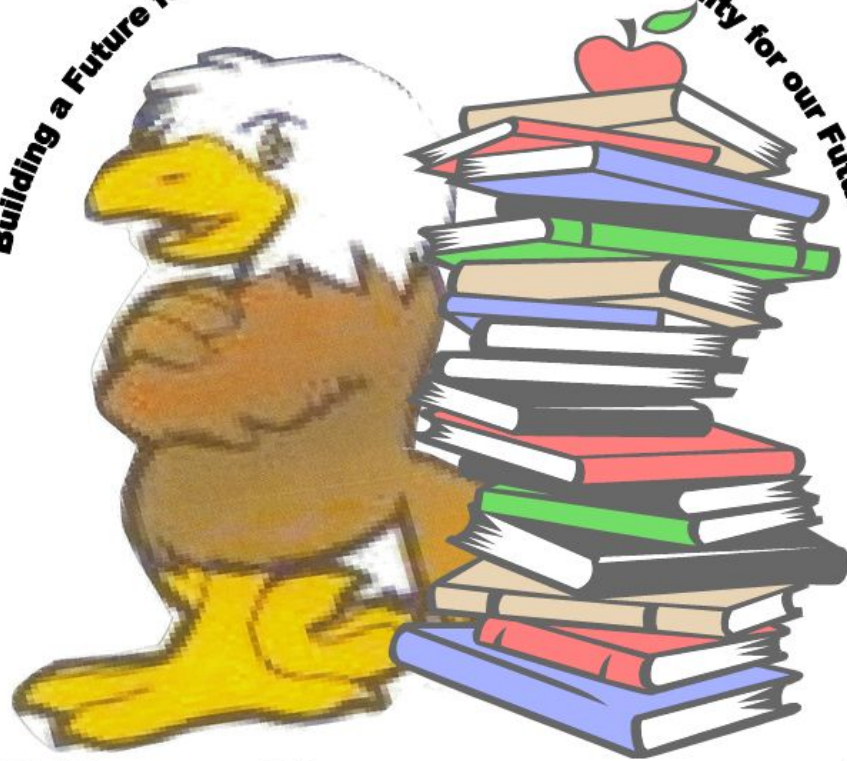
[FCPS Student Safety and Wellness](#)

[FCPS Parent Resource Center](#)

[Fairfax County Department of Family Services](#)



Building a Future for our Community...and a Community for our Future



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